DON'T FEAR
FAILURE. FEAR
BEING IN THE
EXACT SAME
PLACE NEXT YEAR
AS YOU ARE
TODAY.

- Unknown

Good Friends bon't Let You Do Stupid Things... Alone.

- YOUR STUPIO FRIEND

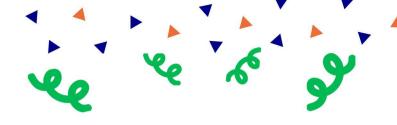
BLUNDERS & MISTAES

IN CHESS, A BLUNDER IS A MISTAKE THAT NO ONE CAN EXCUSE. EVEN ONE BLUNDER AND YOU'RE PROBABLY GOING TO LOSE.

IN OUR VIGILANCE TO AVOID BLUNDERS, SOMETIMES WE TRY TO ELIMINATE MISTAKES AS WELL-FOR UNDERSTANDABLE REASONS, WE SPEND A LOT OF TIME TRYING TO AVOID BLUNDERS AND MINIMIZING MISTAKES. BUT IF THAT'S ALL WE DO, WE'VE GIVEN UP THE CHANCE TO DO SOMETHING MAGICAL.

IF YOU'RE WORKING ON THE FRONTIER, IF YOU'RE LEADING, CREATING OR INVENTING, YOU'VE SIGNED UP FOR IMISTAKES. THAT'S THE PRICE OF INNOVATION.AFTER THE FACT, IT'S EASY FOR AN ATTEMPT AT GREAT WORK TO LOOK LIKE NOTHING BUT A BLUNDER. BUT IT MIGHT SIMPLY BE A MISTAKE THAT WE CAN LEARN FROM.

BY SETH GODIN



On attention to detail: By James Clear

People who excel tend to obsess over the details. People who struggle also tend to obsess over the details.

The difference is what details they focus on.

Minutiae vs polish.

Most things don't matter—but when it does, you want to get the details right.

Kindness!

SETH GODIN.

"

Kindness multiplies and it enables possiblity.

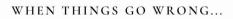
When we're of service to people, we have the chance to make things better.

Three types of kindness, by Seth Godin



Friendly Reminder

RYAN HOLIDAY



- write off the past as done.
 - focus on your response.
 - look for the opportunity.
- blame yourself or no one.
 - use the obstacle as fuel



"CLARITY IS THE ELIMINATION OF MENTAL CLUTTER.

AGILITY IS THE ELIMINATION OF PHYSICAL CLUTTER.

TRANQUILITY IS THE ELIMINATION OF SPIRITUAL CLUTTER."

James Clear

Basketball coach John Wooden, winner of 10 championships, on giving:

"There is a wonderful, almost mystical, law of nature that says three of the things we want most—happiness, freedom, and peace of mind—are always attained when we give them to others.

Give it away to get it back."

"Some things are better off ignored than attacked.

Attention is the oxygen of conflict. When you fight a problem, you breathe life into it. When you starve a problem of your attention, you suffocate it.

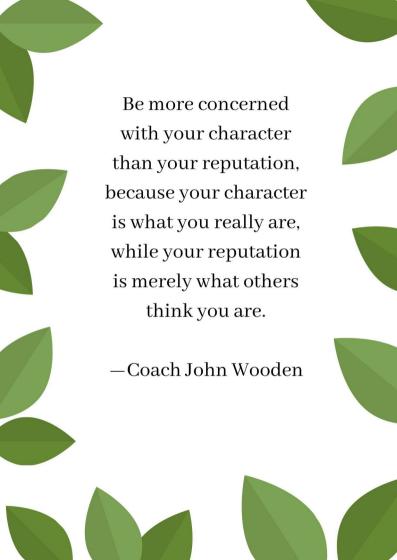
In a surprising number of cases, the way to solve a problem is to ignore it."

JAMES CLEAR

BY YUNG PUEBLO -

SIGNS OF EMOTIONAL MATURITY.

Connections feel deeper.
Your are not afraid to say no.
No need to perform anymore.
Well-being is your top priority.
Radical honesty feels like home.
No more jumping to conclusions.
Boundaries are important to you.
Pausing to think now feels
normal.



"For the classics, philosophical insight was the product of a life of leisure;

for me, a life of leisure is the product of philosophical insight."

- Nassim Nicholas Taleb



Learn to Feel?



Almost anybody can learn to think or believe or know, but not a single human being can be taught to feel. Why? Because whenever you think or you believe or you know, you're a lot of other people: but the moment you feel, you're nobody-but-yourself.

To be nobody-but-yourself — in a world which is doing its best, night and day, to make you everybody else — means to fight the hardest battle which any human being can fight; and never stop fighting.

Only trust

someone who can see these three things in you: The sorrow behind your smile, the love behind your anger, and the reason behind your silence.

Reading and experience train your model of the wo if you forget the experience or what you read, its el model of the world persists. Your mind is like a com you've lost the source of. It works, but you don't kr	rld. And even ffect on your piled program now why.

By Morgan Housel

Money buys happiness in the same way drugs bring pleasure:
Incredible if done right, dangerous if used to mask a weakness, and disastrous when no amount is enough.

The highest forms of wealth are measured differently.

"This is my wish for you: Comfort on difficult days, smiles when sadness intrudes, rainbows to follow the clouds, laughter to kiss your lips, sunsets to warm your heart, hugs when spirits sag, beauty for your eyes to see, friendships to brighten your being, faith so that you can believe, confidence for when you doubt, courage to know yourself, patience to accept the truth, Love to complete your life."

> -Ralph Waldo Emerson (1803-1882)

66

Question For You?

Do I actually need more information or do I simply need to act on the information I already have?

JAMES CLEAR

गुंजाइश रहे जब कभी हम दोस्त हो जाएँ तो शर्मिंदा न हों

दुश्मनी जम कर करो लेकिन ये

"The man who lies to himself and listens to his own lie comes to such a pass that he cannot distinguish the truth within him, or ground him, and so loses all respect for himself and for others. And having no respect he ceases to love, and in order to occupy and distract himself without love he gives way to passions and coarse pleasures, and sinks to bestiality in his vices, all from continual lying to other men and to himself."

A lot of people, no matter how successful or unsuccessful they are in life, make stupid choices involving sex. You feel you'll get away with ignoring the rules, but in reality your actions can have lasting consequences.

MEMO

DATE

2022

TO

Everyone

FROM

HARUKI MURAKAMI

SUBJECT

STORM

Once the storm is over, you won't remember how you made it through, how you managed to survive. You won't even be sure, whether the storm is really over. But one thing is certain. When you come out of the storm, you won't be the same person who walked in.

Name: Date:

Happy Person

@ Naval



A happy person isn't someone who's happy all the time. It's someone who effortlessly interprets events in such a way that they don't lose their innate peace.



The problem is not people being uneducated. The problem is that people are educated just enough to believe what they have been taught, and not educated enough to question anything from what they have been taught.

PROF. FEYNMAN



"God is a comedian playing to an audience that is too afraid to laugh"

- Voltaire

WILLIAN MORRIS

Golden Rule

If you want a golden rule that will fit everybody;

this is it

"Have nothing in your house that you do not know to be useful or believe to be beautiful."

Rowing vs. Sailing

Two men once needed to cross a vast sea.

One asked: "Better to row or sail?"

The elder replied: "Rowing will be quicker at first. But ultimately, if we can align ourselves with the winds and currents, sailing will be faster and more enjoyable."

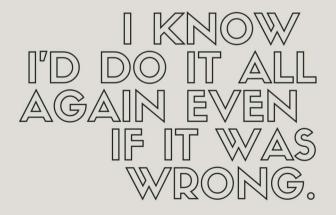
Don't confuse motion with progress.

THE FIRST PRINCIPLE, RICHARD FEYNMAN FAMOUSLY SAID,

"IS THAT YOU MUST NOT FOOL YOURSELF— AND YOU ARE THE EASIEST PERSON TO FOOL."



YOU NEVER HAVE TO SAY THAT YOU WERE WRONG.



The Drums "How It Ended", Portamento, 2011



By Emil Dickinson

"IF I CAN STOP ONE HEART FROM BREAKING"

If I can stop one heart from breaking,
I shall not live in vain;
If I can ease one life the aching,
Or cool one pain,
Or help one fainting robin
Unto his nest again,
I shall not live in vain.



2021 Resolutions



Luxuries Become Necessities

"One of history's few iron laws is that luxuries tend to become necessities and to spawn new obligations. Once people get used to a certain luxury, they take it for granted. Then they begin to count on it. Finally they reach a point where they can't live without it."

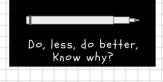
Mobile, Data, WiFi, AC

"I trust this next chapter of my life, because I know the author."

Timeless Insight

"How we spend our time is how we spend our days. How we spend our days is how our life goes. How our life goes determines whether we thought it was worth living."

— Keith Yamashita



Weniger, aber besser.

This is life's philosophy. You may call it productivity tip or ZEN or almost anything.

It is that simple.

Weniger, aber besser. These three words

— less, but better — summarise the philosophy of the great German designer Dieter Rams.

Advice columnist Abigail Van Buren on character:

"The best index to a person's character is (a) how he treats people who can't do him any good, and (b) how he treats people who can't fight back."

Source: Dear Abby column (May 16, 1974)

How do you build your charcter?

Side-Hustles Are Not The Way:

Building multiple income streams decentralizes your finances and is "the single most important thing you can do". Start with cash-earning assets, not time-consuming side hustles. Financial freedom starts by covering your expenses with revenue streams that don't require your time – Codie Sanchez



Al will likely replace unskilled and even some low-skilled workers which will cause a massive increase in unemployment: "There's going to be a complete destabilization of the human condition and of human societies" - DANIEL KAHNEMAN

ALBERT CAMUS ONCE SAID.

"AN INTELLECTUAL IS SOMEONE WHOSE MIND WATCHES ITSELF."

Self-awareness is being able to not just feel your emotions, but observe yourself feeling your emotions; to not just have thoughts but to observe your thoughts as though they weren't yours; to not just have beliefs, but to question those beliefs.

This self-observation—or the mind that watches itself—is at the root of mental and emotional health. It is a skill that we can practice and become better at. Therefore, knowledge is gained and wisdom is practiced. While knowledge is accumulated, wisdom is honed. While knowledge can be lost, wisdom lasts forever.

You Are What You Consume

"When you choose what media to consume, you are choosing your future thoughts and perspectives and opinions.

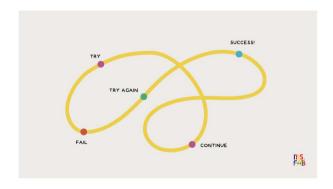
And if you choose poorly, you will think poorly."

Let kids make mistakes

It's tempting to always protect kids, but they need the chance to learn from bad choices.

After all, the best way to avoid catastrophic failure as an adult is to make lots of small failures as a kid.

-Ana Lorena Fabrega



Source : Fab Fridays

"It is impossible to get better and look good at the same time.
Give yourself permission to be a beginner. By being willing to be a bad artist, you have a chance to be an artist, and perhaps, over time, a very good one."

The Artist Way - Author - Julia Cameron



Upwind

I think the solution is to work in the other direction.

Instead of working back from a goal, work forward from promising situations. This is what most successful people actually do anyway.

In the graduation-speech approach, you decide where you want to be in twenty years, and then ask: what should I do now to get there? I propose instead that you don't commit to anything in the future, but just look at the options available now, and choose those that will give you the most promising range of options afterward.

It's not so important what you work on, so long as you're not wasting your time. Work on things that interest you and increase your options, and worry later about which you'll take.

PAUL GRAHAM -ESSAY.

Author and journalist Mitch Albom on time:

"Try to imagine a life without timekeeping. You probably can't. You know the month, the year, the day of the week. There is a clock on your wall or the dashboard of your car. You have a schedule, a calendar, a time for dinner or a movie. Yet all around you, timekeeping is ignored. Birds are not late. A dog does not check its watch. Deer do not fret over passing birthdays. Man alone measures time. Man alone chimes the hour. And, because of this, man alone suffers a paralyzing fear that no other creature endures. A fear of time running out."

Novelist Toni Morrison on the measure of success: "For me, success is not a public thing. It's a private thing. It's when you have fewer and fewer regrets."

HINDI Proverb

On the many ways to win:

"There are hundreds of paths up the mountain, all leading in the same direction, so it doesn't matter which path you take.

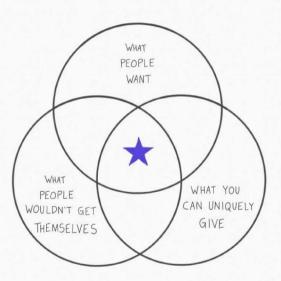
The only one wasting time is the one who runs around and around the mountain, telling everyone that his or her path is wrong."

Write for One Person I heard that Warren Buffett addresses the early drafts of his shareholder letters to his sister, Dorothy.

Once he finishes it, he replaces her name with "Shareholders."

The lesson: Writing for a huge audience is a fast track to getting writer's block, so write for one person instead.

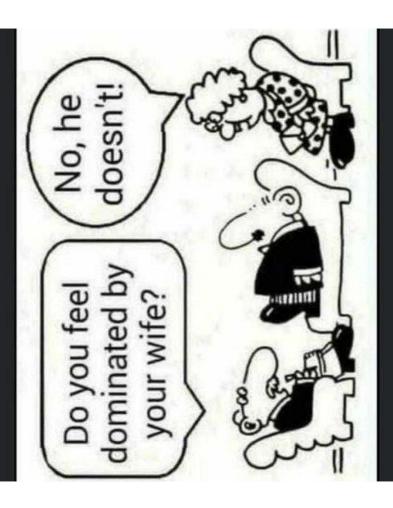
GIVING GIFTS



STEVE JOBS EFFECT

Before Apple, people were expected to read a manual to figure out how things work.

But increasingly, people expect design to be so intuitive that you don't even need a manual.



3 OUT OF 2 PEOPLE HAVE TROUBLE WITH FRACTIONS

SOMETIMES THE WOLF CRIES GIRL.

by srwpoetry

sometimes the hero stumbles and falls right off of the page, sometimes the princess rolls her eyes and says "i don't want to be saved." sometimes the dragon needs rescuing and the villain aches to be helped, sometimes, in the darkness, the lost boy finds himself. sometimes the prince is cunning, and not at all what he seemed. sometimes the witch's kindness shows it's she who deserves to be queen. sometimes we shouldn't define people by someone else's point of viewjust because it's what we've been told, doesn't make it true.

ripples.

when you create a difference in someone's life, you not only impact their life, you impact everyone influenced by them throughout their entire lifetime.

no act is ever too small.

one by one, this is how to make an ocean rise.

GIVE MORE THAN YOU LIVEWI

DON'T QUIT. THE ONLY THING IT MAKES EASIER IS QUITTING. STILL LEARN TO LET GO OF STUFF THAT NO LONGER WORKS. LETTING GO IS NOT THE SAME AS QUITTING YOU'LL KNOW THE DIFFERENCE

THERE'S NOT MUCH PLEASURE I

WHAT OTHERS THINK OF YOU DOESN'T MATTER.

ALWAYS SEEK ALL CHANGE IS GOOD. **NEGATIVE THINKING**

VASTES TIME AND ENERGY.

ADJUST YOUR PERSPECTIVE, IT DEFINES YOUR HAPPINESS. YOU CAN ONLY CONTROL ABOUT TWO-FEET SQUARE. START THERE.

TEST YOUR FEARS. BE SOMEBODY'S YOU CAN DO ANYTHING ONCE YOU DECIDE TO TRY. **IUST BELIEVE IN YOURSELF.**

REMEMBER, FEW ARE SUCCESSFUL WITHOUT THE HELP OF OTHERS. STOP LOOKING FOR A WORK/LIFE BALANCE. YOU WON'T FIND IT. THERE'S MUCH LESS STRESS IF YOU REMEMBER IT'S ALL JUST LIVING.

REMEMBER TO

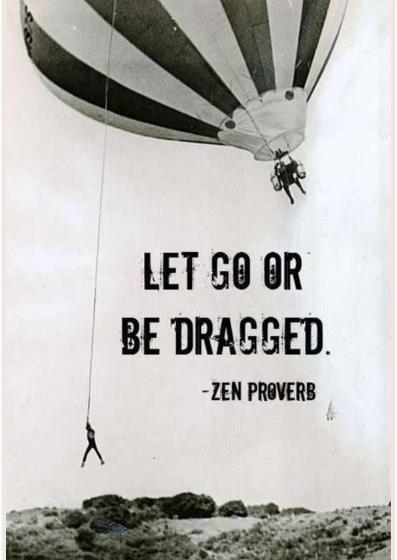
A LOT, PEOPLE NEED TO KNOW

LAUGH OFTEN SHOW GRATITUDE.

40 2817 Dead Harbon Learn Bridge Co.

YOU ONLY GET ONE LIFE AND SPEND TIME WITH THOSE WHO MAKE YOU SMILE. IF YOU'RE NOT HAPPY, DO SOMETHING ABOUT IT. IF YOUR FRIENDS DON'T HAVE TIME FOR YOU, FIND NEW ONES. IF YOU WANT SOMETHING GO AND GET IT. WHAT'S STOPPING YOU? ALWAYS FOLLOW YOUR HEART. HAVE NO REGRE SOME OPPORTUNITIES ONLY COME ONCE, SEIZE DON'T DWFLL ON YOUR PAST MISTAKES. THE THINGS IN LIFE YOU CAN'T CHANGE. TRY NOT TO CARE WHAT OTHER PEOPLE THINK OF YOU. DON'T COMPARE THE GAINS OR FORTUNES OF OTHERS WITH YOURS. ALWAYS GIVE 100% IN EVERYTHING YOU DO. HAVE DREAMS AND ASPIRATIONS. STOP OVER ANALYZING B SURROUND YOURSELF WITH THE ONES YOU LOVE AND THE THINGS YOU ENJOY DOING. SMILE AT OTHERS AND LAUGH AS OFTEN AS YOU CAN. FORGIVE OUICKLY, EMBRACE CHANGE, TRAVEL OFTEN. DON'T BE AFRAID TO FAIL. TRY NEW THINGS. FACE YOUR FEARS. WANT IN LIFE AND GO FOR DON'T WAIT FOR THINGS TO HAPPEN, MAKE THEM HAPPEN. ONE BIG ADVENTURE, YOU ONLY

GET ONE, SO MAKE IT AS GOOD AND HAPPY AS POSSIBLE.



There are two rules in life: 1. Never give out

all the information