

**Pay attention to your
gut feelings. No matter how
good something looks, if
it doesn't feel right...
walk away.**



**You often feel tired,
not because you've done
too much, but because
you've done too little of
what sparks a light in you.**

Alexander Den Heijer



QUIET
THE MIND

& THE *Soul*
WILL SPEAK

Message to past self:

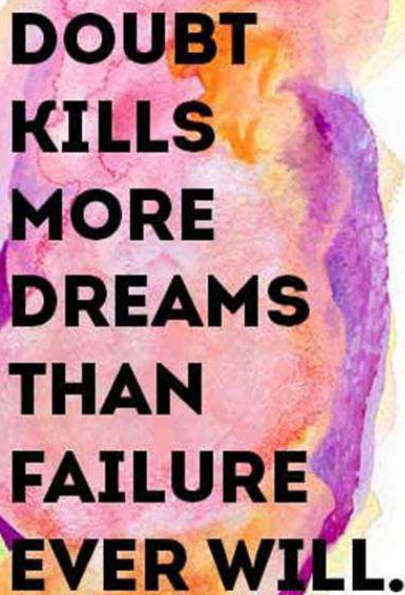
By Vybe Source

I'm so sorry for not always believing in your potential. I often held you back with negative thinking and self doubt. In the most crucial of times when you needed as much positivity as possible, I didn't always help.. But most important I'm thankful for you. I'm learning so much from watching you through my memories. Even in the "world ending" fears and circumstances, you held to faith and purpose. You always took that step forward and believed in the bigger picture.

Your faith saved me, and who I am today is thankful that we never gave up.

Love,

Self



**DOUBT
KILLS
MORE
DREAMS
THAN
FAILURE
EVER WILL.**

WACHABUY.COM

**WHEN YOU'VE DONE
SOMETHING WRONG
ADMIT IT AND
BE SORRY. NO ONE
IN HISTORY HAS EVERY
CHOKED TO DEATH
FROM SWALLOWING
HIS PRIDE.**

**Behind every
angry woman
is a man who
has absolutely
no idea what
he did wrong.**



**Children have never
been very good at
listening to their
elders, but they have
never failed to
imitate them. They
must, they have no
other models.**

JAMES BALDWIN

be that girl...

the girl who roots

for the other girl

the girl who tells another girl

her hair looks great

the girl who encourages

other girls to

believe in their dreams

the girl who tells the other girl

she is amazing

amazing me movement

**There is no better
test of a man's
integrity than his
behavior when
he is wrong.**

Marvin Williams

DEAR WOMAN,

Sometimes

You'll just be too much woman.

Too smart,

Too beautiful,

Too strong,

Too much of something

That makes a man feel like less of a man,

Which will start making you feel like you have to be less of a
woman.

The biggest mistake you can make

Is removing jewels from your crown

To make it easier for a man to carry.

When this happens, I need you to understand,

You do not need a smaller crown—

You need a man with bigger hands.

PEOPLE

who can't
communicate

THINK

everything is
an argument

| TheMindsJournal

THINKING

If you think you are beaten, you are.
If you think you dare not, you don't.
If you like to win, but think you can't,
It's already a cinch you won't.

If you think You 'll lose, you're lost
For out of the world we find
Success begins with a fellow's will.
It's all in a state of mind.

If you think you are outclassed, you are.
You've got to think high to rise.
You've got to be sure of yourself before
You can ever win a prize.

~~Life~~ Life's battles don't always go
To the stronger or faster man.
But sooner or later the man who wins
Is the man who thinks he can.


I'm stuck between
"I need to save money"
&
"You only live once"

THESIS WISDOM

BY THE AUTHOR OF THE BESTSELLING BOOK 'THE THESIS WISDOM' BY J. K. ROWLING



MOTIVATION IS LIKE TOOTHPASTE ...
AT THE END OF THE TUBE YOU
HAVE TO SQUEEZE HARDER.

A photograph of a field of golden wheat at sunset. The sky is a pale, hazy yellow, and the wheat stalks are illuminated by the warm light of the setting sun, creating a soft, golden glow. The text is centered in the upper half of the image.

Be the things you
loved most about the
people who are gone.

BE BRAVE ENOUGH

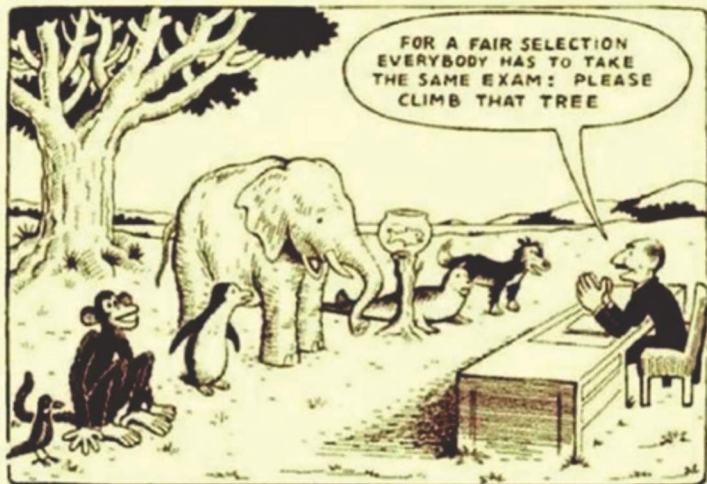
TO BE BAD AT

SOMETHING NEW.

Being a leader doesn't
require a title;
Having a title doesn't
make you one.

Whatever you are
not **changing**
you are **choosing.**

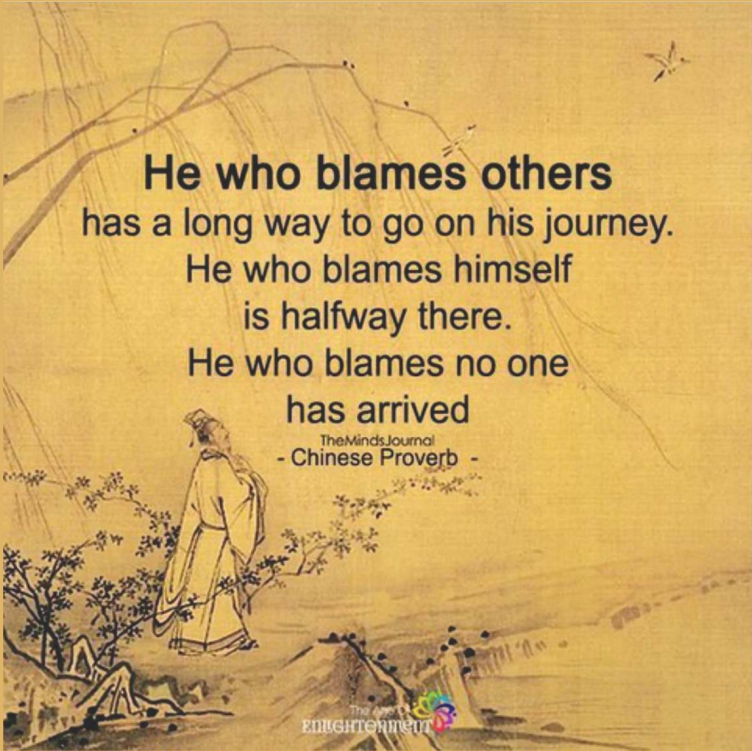
Read that again.



Our Education System

"Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid."

- Albert Einstein



He who blames others
has a long way to go on his journey.
He who blames himself
is halfway there.
He who blames no one
has arrived

TheMindsJournal
- Chinese Proverb -

"Some people
feel the rain,
others just get
wet."

- bob marley

You
haven't
learned it
until
you can
teach it.

Rigel J. Dawson
plantedtrees.com



**"Freedom is
not Given,
It is Taken"**

NETA JI SUBHASH CHANDRA
BOSE



DISCIPLINE

is choosing
between what
you want now
and what you
want most.



-Abraham Lincoln



**1: If you don't like your job.
Take a home loan.**

"You'll start loving it"

2: Take another loan.

**"You'll start loving your boss
as well"**

3: Get married.

"You'll start loving your office too"