

**“THE SECRET OF GENIUS IS TO CARRY THE  
SPIRIT OF THE CHILD INTO OLD AGE, WHICH  
MEANS NEVER LOSING YOUR ENTHUSIASM.”**

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**ALDOUS HUXLEY**




**ALBERT CAMUS**  
FRENCH PHILOSOPHER

"The realization that life is absurd cannot be an end, but only a beginning."



*Vedic injunction*

'THE MIND IS THE CAUSE  
OF BONDAGE AND THE  
MIND IS THE CAUSE OF  
LIBERATION.'



This Portuguese proverb  
offers a simple recipe for  
success:

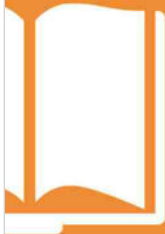
"Think of many things.

Do one."



"We suffer more often in  
**Imagination** than in reality."

- SENECA -

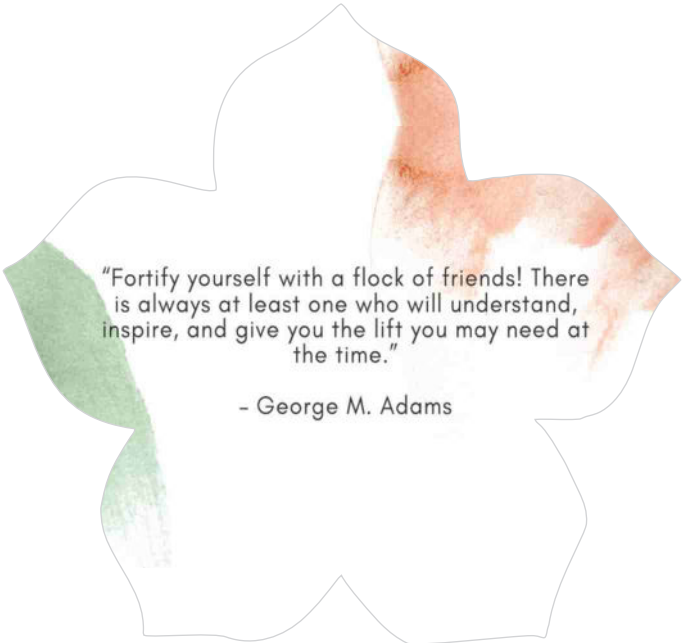


The right book for the right person is not enough.

It needs to be the right book, for the right person at the right time.

**SUN TZU  
ON  
ADAPTING:**

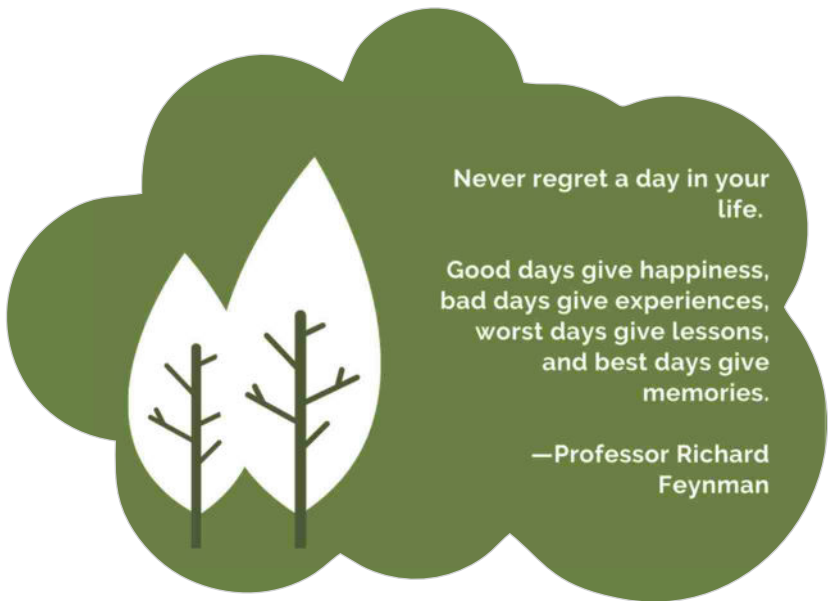
**“A MILITARY FORCE HAS NO CONSTANT  
FORMATION, WATER HAS NO CONSTANT  
SHAPE: THE ABILITY TO GAIN VICTORY BY  
CHANGING AND ADAPTING ACCORDING TO  
THE OPPONENT IS CALLED GENIUS.”**

A watercolor illustration of a leaf with a white outline. The leaf is divided into two main color sections: a green section on the left and an orange-red section on the right. The colors are blended with white, giving it a soft, painterly appearance.

"Fortify yourself with a flock of friends! There is always at least one who will understand, inspire, and give you the lift you may need at the time."

- George M. Adams






Never regret a day in your  
life.

Good days give happiness,  
bad days give experiences,  
worst days give lessons,  
and best days give  
memories.

—Professor Richard  
Feynman




“Progress is  
cumulative in  
science and  
engineering but  
cyclical in finance.”

Jim Grant



TRY.  
NOT TO BE.  
A.  
SUCKCESSFUL  
PERSON.



THE SECRET OF  
HAPPINESS, YOU  
SEE, IS NOT FOUND  
IN SEEKING MORE,  
BUT IN DEVELOPING  
THE CAPACITY TO  
ENJOY LESS."

- SOCRATES

## **LARY WARD**

**The shadow of privilege is this:**

**You don't learn to take care of yourself inside. You don't learn to value your internal life. You get so fixated on your external life that you forget your internal life is much, much bigger, much deeper, and much more rewarding."**



## **RICHARD M. NIXON**

**A man is not finished  
when he is defeated.**

**He is finished when he  
quits.**

A dark blue silhouette of a butterfly is centered on a white background. The butterfly's wings are spread, and its body is visible. Inside the butterfly's body, there is white text. The text is arranged in five lines, all in uppercase letters. The first four lines are in a bold font, and the fifth line is in a smaller, regular font. The text reads: "ALL THE WHILE KEEPING IN MIND THAT THERE'S A NOTABLE DIFFERENCE BETWEEN TAKING A RISK AND PUTTING YOURSELF AT RISK." Below this, in a smaller, italicized font, is the attribution: "Jason Fried : founder basecamp".

**ALL THE WHILE KEEPING IN  
MIND THAT THERE'S A  
NOTABLE DIFFERENCE  
BETWEEN TAKING A RISK AND  
PUTTING YOURSELF AT RISK.**

*Jason Fried : founder basecamp*



All good advice basically boils down to thinking longer-term.

-Shane Parish



STUPIDITY IS KNOWING THE  
TRUTH,  
SEEING THE TRUTH  
BUT  
STILL BELIEVING THE LIES.

AND THAT IS MORE INFECTIOUS  
THAN ANY OTHER DISEASE.

—PROFESSOR RICHARD FEYNMAN



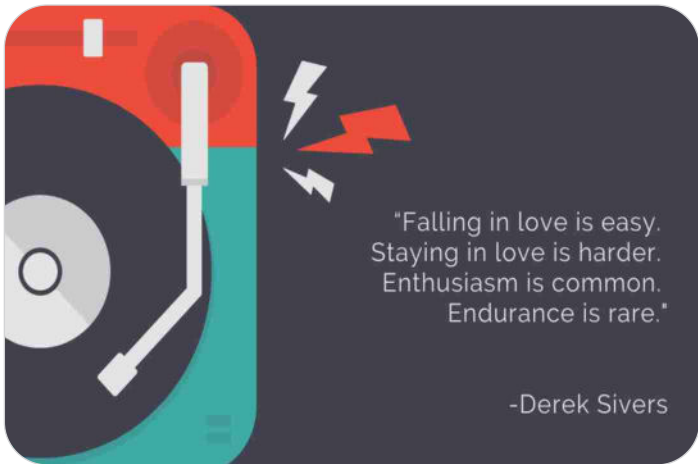
**Kindness**

**Kindness in words creates confidence.**

**Kindness in thinking creates  
profoundness.**

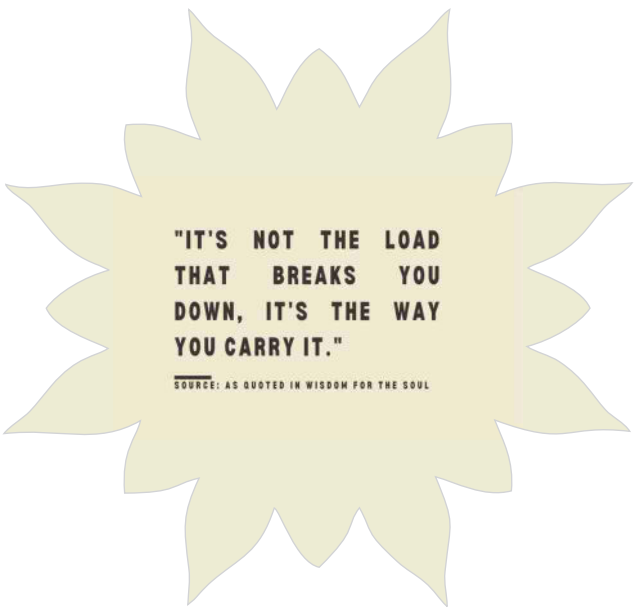
**Kindness in giving creates love.**

**- Lao Tzu**



"Falling in love is easy.  
Staying in love is harder.  
Enthusiasm is common.  
Endurance is rare."

-Derek Sivers



**"IT'S NOT THE LOAD  
THAT BREAKS YOU  
DOWN, IT'S THE WAY  
YOU CARRY IT."**

**SOURCE: AS QUOTED IN WISDOM FOR THE SOUL**

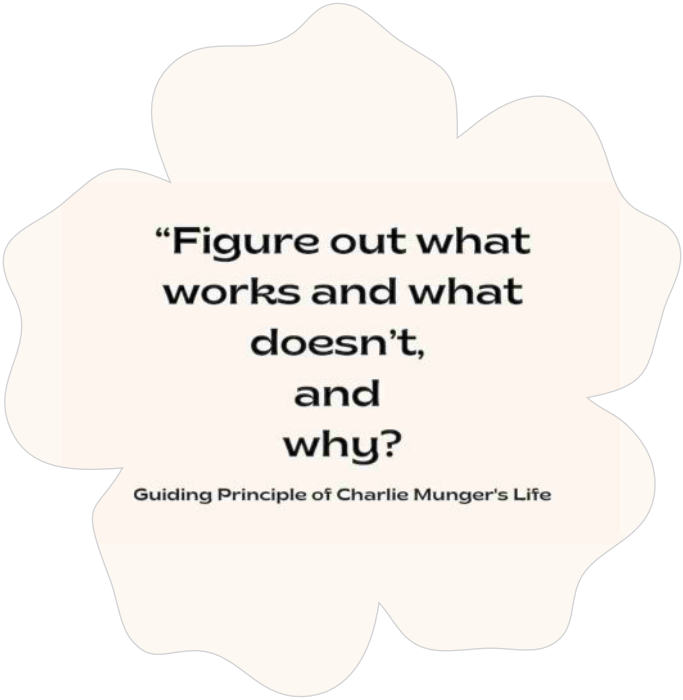
**THE WORST**

**THE WORST GOLFER IN TOWN CAME IN LAST IN THE  
CLUB TOURNAMENT.**

**ACTUALLY, THAT'S NOT TRUE. THE WORST GOLFER  
DIDN'T EVEN ENTER.**

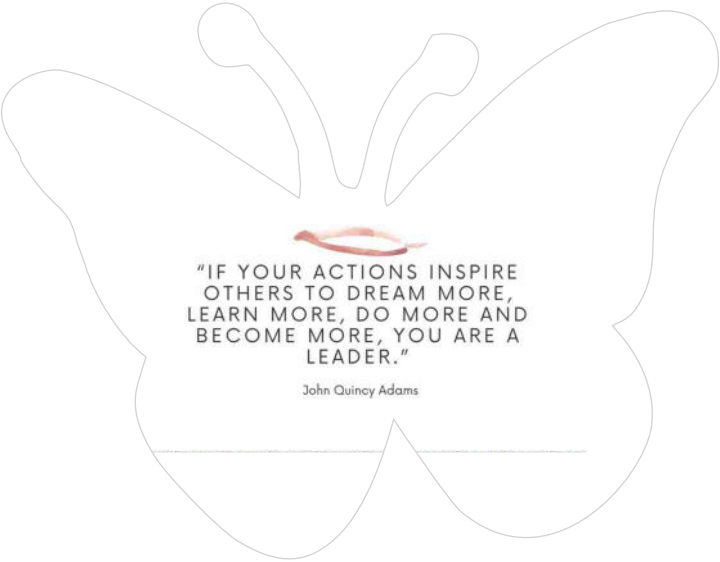
**WELL, THAT'S NOT TRUE EITHER. THE WORST  
GOLFER DOESN'T EVEN PLAY.**

**SETH GODIN**



**“Figure out what  
works and what  
doesn’t,  
and  
why?”**

**Guiding Principle of Charlie Munger's Life**



**"IF YOUR ACTIONS INSPIRE  
OTHERS TO DREAM MORE,  
LEARN MORE, DO MORE AND  
BECOME MORE, YOU ARE A  
LEADER."**

John Quincy Adams

## Adam Grant

### Criticizing vs Creating

"Criticizing is easy and fast. Creating is difficult and slow.

The two hours you spent on a book or movie usually took years to produce.

Anyone can tear down someone else's work. The true test of insight is whether you can help them improve it or build something of your own."



Schopenhauer

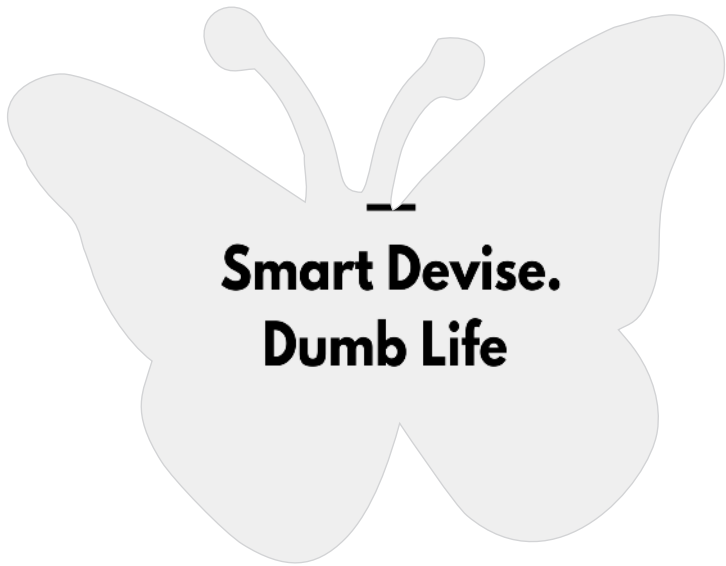
"THE WISE HAVE ALWAYS SAID THE SAME THINGS, AND FOOLS HAVE ALWAYS DONE JUST THE OPPOSITE."

Marcus Aurelius

"WE ALL LOVE OURSELVES MORE THAN OTHER PEOPLE, BUT CARE MORE ABOUT THEIR OPINION THAN OUR OWN."

Daniel Kahneman

"IT IS EASIER TO RECOGNIZE OTHER PEOPLE'S MISTAKES THAN OUR OWN."



**Smart Devise.  
Dumb Life**

<sup>The</sup>  
~~All first drafts~~ of <sup>any</sup> ~~everything~~ <sup>(is)</sup> ~~are~~ <sup>shit</sup> garbage.

Ernest Hemingway



**VIEW  
READING  
AS AN INVESTMENT**



**“WHAT IS THE SECRET OF YOUR  
SERENITY?”**

**‘WHOLEHEARTED COOPERATION  
WITH THE INEVITABLE.’”,  
SAID THE MASTER.**

**— ANTHONY DE MELLO**

# TINY THOUGHT

**FARNAM STREET-**

Do less but do better.  
Any energy that goes into  
what doesn't matter comes  
at the expense of what does.  
With a little extra time, you  
can raise the standard from  
good enough to great.  
Narrow the focus. Raise the  
standard. And set yourself  
apart.





*David chapman*

**HOW TO THINK REAL GOOD**

"Learn from fields very different from your own. They each have ways of thinking that can be useful at surprising times. Just learning to think like an anthropologist, a psychologist, and a philosopher will beneficially stretch your mind."

The road to wisdom?  
- Well, it's plain  
and simple to express:

Err  
and err  
and err again  
but less  
and less  
and less.

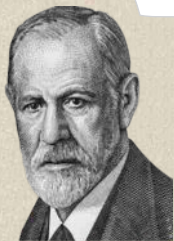


Piet\_Hein\_(scientist)



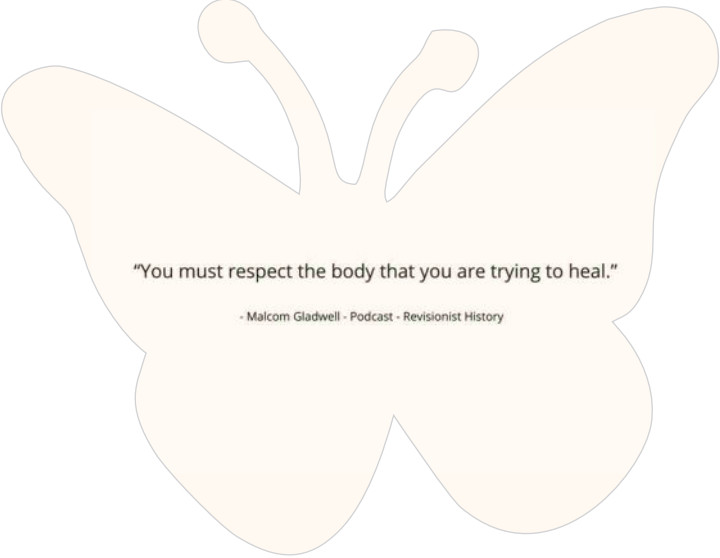
Writer  
Doris  
Lessing on  
how to  
choose what  
to read:

"There is only one way to read, which is to browse in libraries and bookshops, picking up books that attract you, reading only those, dropping them when they bore you, skipping the parts that drag - and never, never reading anything because you feel you ought, or because it is part of a trend or a movement. Remember that the book which bores you when you are twenty or thirty will open doors for you when you are forty or fifty-and vice versa. Don't read a book out of its right time for you."



“Most people **do not** really want **Freedom**, because freedom involves **Responsibility**, and most people are **Frightened** of responsibility.”

- Sigmund Freud -

A light orange butterfly outline is centered on a white background. The butterfly has four wings and two antennae. Inside the butterfly's body, there is a quote in black text.

**"You must respect the body that you are trying to heal."**

- Malcom Gladwell - Podcast - Revisionist History

IF YOU DON'T HAVE ALL THE FACTS YET,  
YOU SHOULDN'T HAVE A STRONG OPINION  
YET.

MOTIVATED REASONING IS BELIEVING  
WHAT YOU WANT TO BE TRUE. CRITICAL  
THINKING DEPENDS ON WANTING TO  
BELIEVE WHATEVER ENDS UP BEING TRUE.

A KEY TO LEARNING IS REFUSING TO LET  
YOUR HOPES BIAS YOUR VIEWS.

# ADAM GRANT



Explorer and travel writer Freya Stark on aligning your thoughts and actions:

"There can be no happiness if the things we believe in are different from the things we do."

Source: The Journey's Echo



The world is split between those  
who don't know how to start  
making money

and

those who don't know when to  
stop.

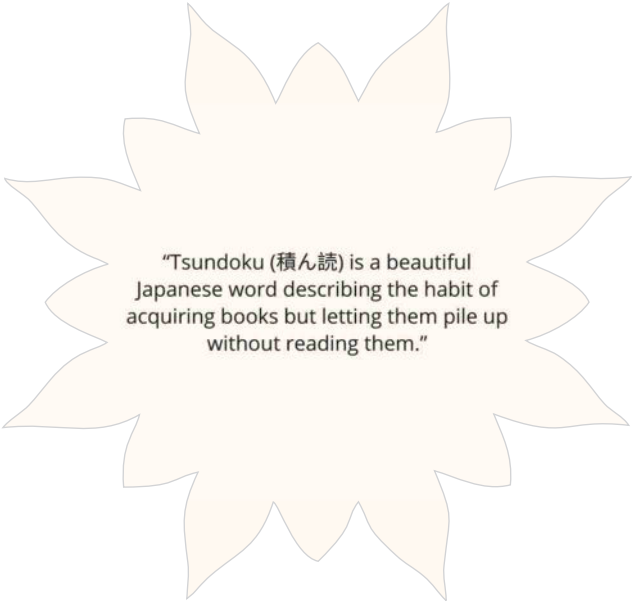
# Nassim Nicholas Taleb

"I THINK OF THE TREES AND HOW SIMPLY THEY LET GO, LET  
FALL THE RICHES OF A SEASON, HOW WITHOUT GRIEF (IT  
SEEMS) THEY CAN LET GO AND GO DEEP INTO THEIR  
ROOTS FOR RENEWAL AND SLEEP...

IMITATE THE TREES. LEARN TO LOSE IN ORDER TO  
RECOVER, AND REMEMBER THAT NOTHING STAYS THE SAME  
FOR LONG, NOT EVEN PAIN, PSYCHIC PAIN. SIT IT OUT. LET  
IT ALL PASS. LET IT GO."

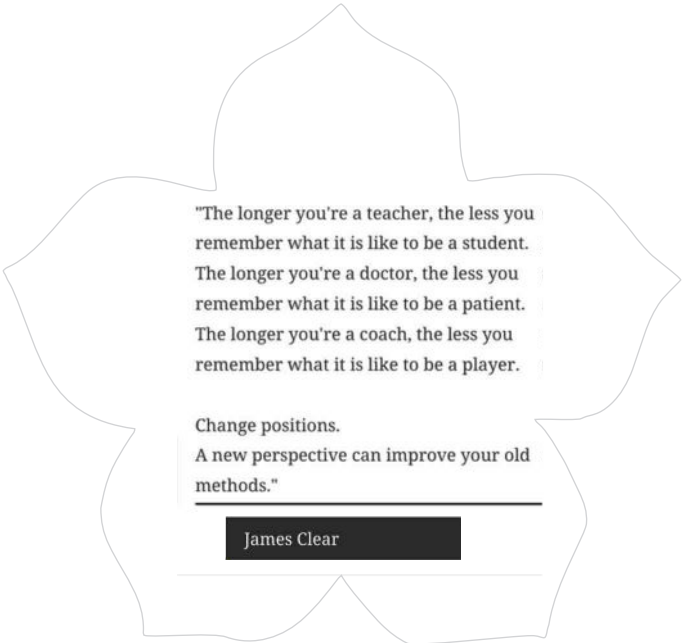
POET & NOVELIST MAY SARTON





**“Tsundoku (積ん読) is a beautiful Japanese word describing the habit of acquiring books but letting them pile up without reading them.”**





"The longer you're a teacher, the less you remember what it is like to be a student.  
The longer you're a doctor, the less you remember what it is like to be a patient.  
The longer you're a coach, the less you remember what it is like to be a player.

Change positions.

A new perspective can improve your old methods."

---

James Clear

ULTIMATE  
**LUXURY**

"QUALITY OF LIFE IS HAVING THE FREEDOM TO  
MAKE CHOICES THAT ARE NOT FEAR BASED.  
WHETHER IT'S THE ABILITY TO CHOOSE THE KINDS  
OF PROJECTS I WANT TO TAKE ON AND CAN LEARN  
FROM. OR THE ABILITY TO TAKE A MONTH OFF TO  
TRAVEL. FREEDOM TO CHOOSE IS THE ULTIMATE  
LUXURY."

- DANIELLE COLDING



"THE MOST IMPORTANT STEP  
IN BECOMING SUCCESSFUL  
IN ANYTHING IS TO FIRST  
BECOME INTERESTED IN IT."

- SIR WILLIAM OSLER